

Seven Days of Prayer

A daily way to turn our focus towards prayer.

When Canada began to respond to the COVID-19 pandemic I was away in the US speaking at a women's conference. Upon arriving home my husband and I self-quarantined for 14 days just to be safe.

As a pastor I'm used to be present with people in their times of crisis so this was a very different thing for me to get my head around... being locked up in my own home and watching the world around me spin out of control. I was feeling at times rather helpless, but turning to prayer helped me to stay focused and engaged.

Prayer is actually the most effective and powerful tool we have right now to use to fight against COVID-19 and support our families and communities. I find choosing one prayer focus each day gave me more intentionality and purpose, and also allowed me to go deeper into prayer for each topic.

I wanted to share the videos and content with you so that you can continue to use this as a resource for prayer during this season. Each day includes an encouragement for how to pray and scriptures to reference as a biblical support.

I hope this content will serve as a reminder to pray each day and as a way to keep your thoughts focused, but I also want to encourage you to lean in and listen closely to the Holy Spirit's leadership during your times of prayer.

Ask the Holy Spirit for help when you pray. He is our ever-present help and guide when it comes to praying precise and targeted prayers. He reveals things to us so we can pray more effectively.

Take time to just sit quietly and listen to his voice and then boldly pray out the things he speaks to you. This is how we can actively partner with God to see his will released into the world around us.

Let's join together and lift our collective voices in focused prayer as we stand strong against this virus and its effects in our communities.

Seven Days of Prayer

Day 1

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Today's prayer focus is for healing for those who are currently sick and for comfort for those who have lost loved ones to this terrible disease.

My prayer today is that God's purpose and plan would be revealed in and through every life. That people who are walking through the valley of the shadow of death would come to the realization that there is a God who loves them and can heal them and comfort them.

Let's believe together in faith for miracles today! I am praying for God to raise up the sick and comfort those who are mourning.

I'm also believing that God can send messengers of hope... that people of faith would be sent into situations of crisis to bring hope and healing for the broken. Let's lean in to his unfailing love and faithfulness and ask for a move of his presence and power in our nation today.

Prayer is a powerful and effective weapon we can use to fight back against this disease. In this video, I'm sharing one thought that I had this morning, but I want to encourage you to ask for your own personal revelation and strategies to pray bold prayers in this season.

James 5:15-16

The prayer offered in faith will make the sick person well; the Lord will raise them up...The prayer of a righteous person is powerful and effective.

Isaiah 49:13

For the Lord comforts his people and will have compassion on his afflicted ones.

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Day 2

A daily way to turn our focus towards prayer.

Today's prayer focus is for the medical and essential service workers who are risking their own health to care for the sick. We are in a war against this disease and these are our front-line soldiers who get up every single day and walk into right into the battle zone.

We see you.

We love you.

We are incredibly grateful for you.

We are praying blessing over you today.

I'm so grateful for every single worker who is tirelessly fighting this disease and caring for the infected. We need these workers to be strong and sharp and so we surround them with our prayers today.

We pray over the health and welfare of these brave souls and speak blessing over them today. We pray that you and your families will be safe as you step up to care for the sick. We pray for strength and peace over your lives today.

May every room your feet walk into be filled with health, hope and peace. May they have the divine wisdom to know how to care for people, and the right supplies to be available for them to do their jobs.

3 John 1:2 & 5

Dear friend, I pray that in every way you may prosper and enjoy good health, as your soul also prospers... you are faithful in what you are doing for the brothers and sisters, even though they are strangers to you.

Numbers 6:24-26

May the LORD bless you and protect you. May the LORD smile on you and be gracious to you. May the LORD show you his favour and give you his peace.

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Day 3

A daily way to turn our focus towards prayer.

Today we are praying for those who have lost employment or income due to the economic effects of the virus. While we are all in this together, every family is feeling the effects in a different way. Some may be struggling to figure out how they will pay their bills or feed their family.

So many businesses have been forced to close their doors and lay off their employees leaving many people scrambling to figure out how to get by. It can be a scary thing to lose your income and not know what comes next. But we can still know peace even when we don't know what's coming next.

My prayer today is for peace over the hearts and minds of every individual and family who are being affected financially right now.

May we lean into the great Provider and trust his endless supply and provision for us during this season. His promises for our needs to be met are abundant throughout scripture and we can trust that he is faithful to keep his word.

Philippians 4:7

And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

2 Corinthians 9:8

And God will generously provide all you need. Then you will always have everything you need and plenty left over to share with others.

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Day 4

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Today we are praying specifically for those who are isolated in senior residences and care facilities. This is a community of people who do not rely on computers and cell phones for connection and are really missing the friendly drop ins.

My dad is in lock down and while I realize this is fully for his own protection, it breaks my heart that he can't have any visitors at all. His days are always brightened by the many family members and friends who visit him regularly, and I'm sure he's missing all those surprise visits and impromptu conversations.

I'm praying today that he knows he is loved and that we wish we could be with him. I'm praying against fear and loneliness. I'm praying for health and safety I'm also praying that these locked in residents would feel safe and secure in the shelter of the Almighty God and that they would find refuge in him as their place of security and peace.

I'm also praying for all the workers who come and go every day to care for them. I pray that they would take the time to stop and chat, to laugh and to enjoy the company of our loved ones. I'm grateful for their consistent care.

2 Thessalonians 3:16

Now may the Lord of peace himself give you his peace at all times and in every situation. The Lord be with you all.

Isaiah 41:10

So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.

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Day 5

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Today I am praying for the church to lead well in our communities. Not my church not any church in particular, but the widespread movement of God that we are all a part of. The church is not a building or an institution, the church is a movement of people who carry the love of Christ where ever they go.

In times of crisis, the church has an incredible opportunity to show the world the love, security and peace that comes from a relationship with God.

Pastors need courage and creativity to lead in this season, to figure out how to care for people, disciple people and share the gospel message of Jesus Christ in a time of great instability in our world. We can't rely on old methods, or the regular weekly rhythms. I pray they can release the structure they've always relied on and lean into Jesus for fresh new discipleship strategies.

But the church is more than pastors and leaders, the church is you. I'm praying today that every single follower of Christ would rise up and be the church in every place they find themselves. In your homes and communities may you find great opportunities in this season to love on people, to spread peace, and to share your faith.

Let's join together in praying today that the church of God would truly be the church and reflect and release the Kingdom in the world around us.

John 13:34-35

Love each other. Just as I have loved you, you should love each other. Your love for one another will prove to the world that you are my disciples.

1 Timothy 4:10

This is why we work hard and continue to struggle, for our hope is in the living God, who is the Savior of all people.

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Day 6

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Today let's turn our prayers toward our political leaders and governmental authorities who are trying to lead and make tough decisions in the middle of the chaos. It's not at all helpful to spend time judging and criticizing our leaders, but it is helpful to bolster them with prayers.

While they try to balance financial and economic concerns with the health and welfare of all, there is a lot resting on their shoulders and I'm sure they feel the weight of it every single day. That's a burden I'm glad I don't have to carry, but I'm extremely grateful that they do.

It's a privilege and responsibility of every Christian to pray for our leaders at all times, but right now they desperately need our support more than ever.

I'm praying that they will be filled with wisdom beyond their own capacity so that they can make strong and courageous decisions that will help us all. I'm also praying that through this crisis they would seek God and his direction and peace for themselves and for our nation.

1 Timothy 2:1-4

I urge you, first of all, to pray for all people. Ask God to help them; intercede on their behalf, and give thanks for them. Pray this way for kings and all who are in authority so that we can live peaceful and quiet lives marked by godliness and dignity. This is good and pleases God our Savior, who wants everyone to be saved and to understand the truth.

23 Chronicles 7:14

If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land.

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Day 7

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Today is the last day of our seven days of focused prayer, and this is the one thing that is most important to me in this season... that EVERY person would come to know Jesus Christ as their personal Lord and Saviour through this fear pandemic.

While seeing people come to know the Lord is our hearts desire at all times, we have a heightened awareness of the need during this season of global crisis.

I believe it is God's desire to reveal himself in all ways and in all things. I pray that we would see a great multitude of people seek out the only ONE who can bring them peace and hope during the chaos we are experiencing. I pray that eyes would be opened and hearts would be softened to hear the good news of the gospel message.

I also pray for the hearts of Christ followers everywhere to be ready for any opportunity to share the eternal hope that we have found. May our spiritual senses be wide awake and alert to the spiritual atmosphere around us so that we may take advantage of every open door of opportunity.

Jesus, we recognize you and the one true source of love and hope in the world today and pray that your love and grace would reach into the darkest and most desolate corners of every human heart and bring forth the miracle of salvation and eternal life.

Excerpt from Romans 10:

Dear brothers and sisters, the longing of my heart and my prayer to God is for the people of Israel to be saved... Everyone who calls on the name of the LORD will be saved. But how can they call on him to save them unless they believe in him? And how can they believe in him if they have never heard about him? And how can they hear about him unless someone tells them? And how will anyone go and tell them without being sent? That is why the Scriptures say, "How beautiful are the feet of messengers who bring good news!"

About the Author:

Brenda Drost is a Pastor and Speaker who is known for her warm smile and passionate preaching style. Whether she is teaching at her home church or out on the road, she loves to bring challenging messages that actually help people live out their faith in the real world.

Find more practical resources at [BrendaDrost.com](https://www.BrendaDrost.com)

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